

AUSTRALIAN ARMY CADETS



Cadet Activity Package CDT-C0-14 RECRUIT INDUCTION

Trial Version Released: FEB 2014

CDT-C0-14 Recruit Induction

OVERVIEW

Recruit Induction is the first course for cadets.

The aim for the Recruit Induction Course is to be as short as practicable, giving them the core skills to participate as a cadet safely and effectively in simple AAC activities.

During this course the enlistee has the rank of RECRUIT. After successful completion of the course he or she may be promoted to the rank of CADET.

ELIGIBILITY TO UNDERTAKE THIS COURSE

Eligibility requirements are found in AAC Standing Orders.

CONDUCT OF THE COURSE

The course will typically be approximately 25 hours of instruction in local choice of format (2 hour nights, 3 hour nights, weekends, etc.) with a minimum of one night in the field. Lesson timings are suggested but time allocation can be varied at local discretion.

No designated lessons can be deleted but additional lessons can be added at local discretion.

The timetabling and location of lessons are local decisions. Examples of lesson sequences can be found in the sample programs for the conduct of the course on either parade nights or weekends.

The recruit course requires a high standard of instruction in order to allow the recruit to form a positive attitude towards their further participation in the AAC.

INSTRUCTIONAL TECHNIQUES

This package is the source of WHAT to teach. CAM2 – *Activity Based Learning* is the essential companion volume, which is the source of HOW to teach the course. CAM1 – *Field Activities* provides essential information for the conduct of field training. Together, these documents provide the framework, detail and methods for successful delivery of this package.

NOTE

The middle '0' in CDT-C0-14 is a zero.



CADET ACTIVITY PACKAGE
CDT-C0-14 - Recruit Induction

SUMMARY

Code: CDT-C0-14

Title: Recruit Induction CAP

Purpose: To induct and qualify Recruits to the rank of Cadet.

Release: TRIAL FEB 2014

Release Type: HQAAC endorsed Trial Version

HQAAC endorsement date: 13 FEB 2014

Release status: Trial

Usage recommendation: Trial

Delivery: AAC Units, Companies, Battalions and Brigades

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UNITS

30 min. periods

| | | | |
|------------|--------------------------------|--|----|
| CDT-C0-E&S | Ethics and Safety Training | | |
| | COE&S1 | Ethics Training | 2 |
| | COE&S2 | Safety Training | 2 |
| CDT-C0-CTY | Community Engagement | | |
| | COCTY1 | History and structure of AAC | 5 |
| | COCTY2 | Community Activity | |
| | COCTY3 | Physical activities | 2 |
| CDT-C0-MIL | Military Experience Activities | | |
| | COMIL1 | Drill and ceremonial | 9 |
| | COMIL2 | Fieldcraft | 15 |
| | COMIL3 | First Aid | 1 |
| | COMIL6 | Operating in a home training environment | 5 |
| CDT-C0-LAM | Leadership and Management | | |
| | COLAM1 | Teams | 5 |
| CDT-C0-ADM | Administration | | |
| | COADM1 | Issue uniform and equipment | 4 |

TOTAL 50

The achievement of the required learning outcomes is the primary objective. This may require variations to the suggested timings.

OUTCOME FOR PARTICIPANTS

Recruits who complete the course satisfactorily may be promoted to the rank of Cadet.



ASSESSMENT

The training standard referred to in this package is provided in the context of a youth participant in a personal development program comprising a series of experiences.

There is no expectation that a cadet (regardless of their age, rank, experience or position) should attempt to reach, nor reach, a level of competency expected in an employment situation, such as would a soldier, or the level of competency necessary for an adult leader role in a volunteer-led program, such as would an Officer or Instructor of Cadets.

The successful completion of this package is NOT a prerequisite for continued membership of the AAC. A cadet may continue to generally participate in the AAC program regardless of their non-achievement of any of the learning outcomes of this package. However, non-achievement of the learning outcomes may:

1. for safety reasons, require the imposition of some restrictions on the cadet's participation in certain activities; and
2. may delay or prevent the cadet's progression to higher positions and cadet ranks.

The young age and the relative inexperience of the cadets require a high level duty of care, adjustment of standards and more supervision than for other contexts.

For this Recruit Induction Package, the following definitions apply:

Level 1 objectives are those where the cadet is taught, but not actively assessed, in a subject. The content of Level 1 subjects is normally introductory or foundation level knowledge and skills. These knowledge and skills enable the cadet to participate in simple AAC activities and/or to participate in further learning and development opportunities at higher levels. At this level, assessment is done informally, mainly through observation of the cadet's participation during learning periods and subsequent activities.

Level 2 objectives are assessed informally and at a very basic level. These objectives should not require exhaustive practice before being assessed and once a pass is achieved that subject is not assessed again. Assessment is conducted in order to ensure that the cadet can either (a) move on to the next level of training and/or (b) participate in simple AAC activities. Assessment may be carried out as soon as the instructor feels that the candidate is capable of demonstrating the knowledge or skills required. At this level, assessment is done informally, through simple assessment tools and/or observation of the cadet's application of the knowledge and skills in subsequent activities.



**CDT-C0-14: RECRUIT INDUCTION COURSE
BLOCK SYLLABUS**

| | | 30 min periods | |
|-----------------------|--|-----------------------|------------------|
| | | Lessons | Element |
| CDT-C0-E&S | ETHICS AND SAFETY TRAINING | | <u>4</u> |
| COE&S1 | Ethics Training | | |
| COE&S11 | AAC Code of Conduct | 1 | |
| COE&S12 | Acceptable Behaviour (incl. social media) | 1 | |
| COE&S2 | Safety Training | | |
| COE&S21 | Safety in Training | 1 | |
| COE&S22 | Heat/cold Stress Awareness | 1 | |
| CDT-C0-CTY | COMMUNITY ENGAGEMENT | | <u>7</u> |
| COCTY1 | History and structure of AAC | | |
| COCTY11 | History of the AAC | 2 | |
| COCTY12 | Structure of AAC | 3 | |
| CxCTY2 | Community Activity | | |
| COCTY21 | Recognition Parade | Variable | |
| COCTY22 | Participate in a community service/activity (if scheduled) | Variable | |
| COCTY3 | Physical activities | | |
| COCTY31 | Introduction to Personal Fitness | 2 | |
| CDT-C0-MIL | MILITARY EXPERIENCE ACTIVITIES | | |
| COMIL1 | Drill and Ceremonial | | <u>30</u> |
| COMIL11 | Form ranks, Stand at attention/ease/easy, Roll call | 1 | |
| COMIL12 | Marching in quick time, Halt, Step short/out, Wheeling | 2 | |
| COMIL13 | Number, Prove, Right dress | 1 | |
| COMIL14 | Perform turns and Inclines at the halt | 2 | |
| COMIL15 | Salute to the front at the halt | 1 | |
| COMIL16 | Paces forward/rear, Open/close order march, Dismiss, Fall out. | 1 | |
| COMIL17 | Individually leave the ranks, Report to an officer, Return to the ranks. | 1 | |
| COMIL2 | Fieldcraft | | |
| COMIL21 | Fitting, wearing and packing of field equipment | 3 | |
| COMIL22 | Prepare and consume rations | 2 | |
| COMIL23 | Prepare sleeping areas | 2 | |
| COMIL24 | Daily routines | 1 | |
| COMIL25 | Hygiene in the field | 1 | |
| COMIL26 | Briefing for field activity | 1 | |
| COMIL27 | Why things are seen | 1 | |
| COMIL28 | Observation by day | 1 | |
| COMIL29 | Individual movement by day | 2 | |
| COMIL2A | Personal camouflage | 1 | |



COMIL3 First Aid

| | | |
|---------|---------------------------------|---|
| COMIL31 | First Aid briefing for Activity | 1 |
|---------|---------------------------------|---|

COMIL6 Operating in a home training environment

| | | |
|---------|--------------------------|---|
| COMIL61 | Conduct in Unit location | 2 |
|---------|--------------------------|---|

| | | |
|---------|--------------------------|---|
| COMIL62 | Hygiene in Unit location | 1 |
|---------|--------------------------|---|

| | | |
|---------|------------------------|---|
| COMIL63 | Wearing of the uniform | 2 |
|---------|------------------------|---|

CDT-CO-LAM LEADERSHIP AND MANAGEMENT**5****COLAM1 Teams**

| | | |
|---------|-------------------------|---|
| COLAM11 | Duties of a team member | 1 |
|---------|-------------------------|---|

| | | |
|---------|---------------------------------------|---|
| COLAM12 | Participate in Ice Breaker activities | 2 |
|---------|---------------------------------------|---|

| | | |
|---------|--|---|
| COLAM13 | Participate in team building exercises | 2 |
|---------|--|---|

CDT-CO-ADM ADMINISTRATION**4****C0ADM1 Uniform, equipment and documentation**

| | | |
|---------|-------------------------|---|
| C0ADM11 | Uniform/equipment issue | 2 |
|---------|-------------------------|---|

| | | |
|---------|----------------------------------|---|
| C0ADM12 | Activity documentation, briefing | 2 |
|---------|----------------------------------|---|

| | |
|--------------|------------------|
| TOTAL | <u>50</u> |
|--------------|------------------|



CDT-C0-E&S Ethics and Safety Training
UNIT

Unit Code And Title

CDT-C0-E&S Ethics and Safety Training

Application

This unit covers ethics and safety.

Prerequisite Units

Nil

Time required

4 x 30 min.

Foundation Skills

Nil

Range Of Conditions

In barracks or field.

Sometimes with other levels.

Unit Mapping Information

No equivalent units

Links

Access resource materials at CAMNet

Assessment

Context of assessment: In barracks or field during courses.

Required standard: Level 1.

Authorisation

Trial Version Authorised by HQAAC. Released Feb 2014.



ELEMENTS**Content**

Lessons can be taught in any order at the discretion of the Senior Instructor. The order listed is suitable but not necessary. Examples of programs can be found on CAMNet.

| ELEMENTS | LESSONS | TEACHING POINTS & NOTES |
|---|--|--|
| COE&S1 Ethics training | COE&S11 AAC Code of Conduct 1 x 30 min | The requirements of COMD AAC Directive - AAC <i>Code of Conduct and Ranks</i> – dated 22 Jul 13. Paragraphs 4 – 7 inclusive, and Annex A. |
| | COE&S12 Acceptable behaviour, including social media 1 x 30 min | <p>Definitions of unacceptable behaviour:</p> <ul style="list-style-type: none"> – harassment, – discrimination, – bullying, – racial vilification, – sexual harassment, – fraternisation, – abuse of power, – conflict of interest – misuse of drugs <p>Zero tolerance policy Responsibility for self and others as part of a team Consequences Reference to Cadet Code of Behaviour Strategies of: Stop, Fair Go; Take Five State based legislative requirements re mandatory reporting</p> <p>Prohibited substances Technology and social media</p> <ul style="list-style-type: none"> - maintaining a positive digital footprint - protecting reputations on line - reference to AAC Social Media policy <p><i>Often in conjunction with other groups.</i></p> |



PERSONAL DEVELOPMENT OUTCOMES**TRIAL VERSION SAMPLE ONLY.**

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| COE&S1 | | DOING THINGS OF VALUE | | | | | | | |
|---------|----------------------------|---|--|----------------------------------|----------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| ✓✓ | = significant contribution | | | | | | | | |
| ✓ | = some contribution | | | | | | | | |
| COE&S11 | Code of Conduct | ✓✓ | ✓✓ | ✓ | | | ✓ | ✓✓ | ✓ |
| COE&S12 | Acceptable behaviour | ✓✓ | ✓✓ | ✓ | | | ✓ | ✓✓ | ✓ |



| ELEMENTS | LESSONS | TEACHING POINTS & NOTES |
|---|---|--|
| COE&S2 Safety training | COE&S21 Safety in training 1 x 30 min | Home location safety plan Own responsibilities to safety Emergency procedures and evacuation including fire WH&S obligations specific to workplace Introduce hazard identification and reporting No-go areas Food management/dietary requirements (nut free, etc.) Management of health conditions in AAC |
| | COE&S22 Heat/cold stress awareness 1 x 30 min | Signs and symptoms Over-exposure to cold: hypothermia, frostbite Over-exposure to heat: heat cramps, heat exhaustion, heat stroke. Treatment Adapt to local requirements Ref: COMD AAC Directive – <i>Heat management</i> - 03 Feb 10. <i>Often in conjunction with other groups.</i> |

PERSONAL DEVELOPMENT OUTCOMES

TRIAL VERSION SAMPLE ONLY.

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| COE&S2 | | DOING THINGS OF VALUE | | | | | | | |
|---------|----------------------------|---|--|----------------------------------|----------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| COE&S21 | Safety in training | ✓✓ | | | | ✓✓ | | ✓ | |
| COE&S22 | Heat/cold stress awareness | ✓ | | ✓ | ✓ | | | ✓ | |

✓✓ = significant contribution

✓ = some contribution



CDT-C0-CTY COMMUNITY ENGAGEMENT
UNIT

Unit Code And Title

CDT-C0-CTY Community Engagement

Application

This unit includes the history of the AAC, physical activities and community participation.

Prerequisite Units

Nil

Time required

7 x 30 min, plus a Community Activity (if possible).

Foundation Skills

Nil.

Range Of Conditions

In barracks or field.

Unit Mapping Information

No equivalent units

Links

Access resource materials at CAMNet.

Assessment

Context of assessment: in barracks or field.

Required standard:

History and structure of the AAC: Level 1.

Community activity: Participation, if conducted

Physical Activities: Participation

Authorisation

Trial Version Authorised by HQAAC. Released FEB 2014.



ELEMENTS**Content**

Lessons can be taught in any order at the discretion of the Senior Instructor. The order listed is suitable but not necessary. Examples of programs can be found on CAMNet.

| ELEMENTS | LESSONS | TEACHING POINTS & NOTES |
|--|---|---|
| COCTY1 History and structure of AAC | COCTY11 History of AAC 2 x 30 min | History of the Unit History of the AAC Duke of Edinburgh Banner History of uniform and embellishments Customs of the AAC and Unit Affiliation with sponsor and foster unit |
| | COCTY12 Structure of AAC 3 x 30 min | Cadet Rank Structure and Progression Ranks of Staff, chain of command Badges of Rank: AAC and ANC/AAFC equivalents Unit Organisation Conventions for wearing embellishments |

PERSONAL DEVELOPMENT OUTCOMES**TRIAL VERSION SAMPLE ONLY.**

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| | | DOING THINGS OF VALUE | | | | | | | |
|---|------------------|---|--|----------------------------------|----------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| COCTY1 ✓✓ = significant contribution ✓ = some contribution | | | | | | | | | |
| COCTY11 | History of AAC | | | | | | ✓ | ✓✓ | |
| COCTY12 | Structure of AAC | ✓ | | | | | ✓ | ✓✓ | |



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|--|---|---|
| COCTY2 Community Activity | COCTY21 Recognition Parade | The public recognition of the completion of Recruit Induction. |
| | COCTY22 Participate in a community service activity. | Participation (optional) if scheduled for the Unit during the Recruit Induction course. Included for consistency with other CAP and to show it is permissible to include. |

PERSONAL DEVELOPMENT OUTCOMES

TRIAL VERSION SAMPLE ONLY.

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| COCTY2 | | DOING THINGS OF VALUE | | | | | | | |
|---------------|---|--|--|----------------------------------|-----------------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| COCTY21 | Recognition Parade | ✓ | ✓ | | ✓ | ✓ | | ✓✓ | |
| COCTY22 | Participate in a community service activity | ✓ | ✓ | | ✓ | ✓ | ✓✓ | ✓ | |

✓✓ = significant contribution

✓ = some contribution



| | | |
|---|--|--|
| COCTY3 Physical Activities | COCTY31 Introduction to Personal Fitness 2 x 30 min | <p>Cadets are encouraged to participate in recreational physical activities e.g. potted sports. Focus is on participation not competition.</p> <p>Importance of warm-up and warm-down activities and exercises.</p> <p>Check for pre-existing injuries/conditions.</p> <p>A PTI qualification is not necessary.</p> <p>Most activities can be conducted following an appropriate risk assessment. If deemed necessary a written risk assessment is to be submitted for approval.</p> |
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PERSONAL DEVELOPMENT OUTCOMES

TRIAL VERSION SAMPLE ONLY.

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| COCTY1 | | DOING THINGS OF VALUE | | | | | | | |
|---------------|---|--|--|----------------------------------|-----------------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| | <p>✓✓ = significant contribution</p> <p>✓ = some contribution</p> | | | | | | | | |
| COCTY31 | Introduction to physical fitness | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | ✓ |



CDT-C0-MIL Military Experience Activities
UNIT

Unit Code And Title

CDT-C0-MIL Military Experience Activities

Application

This unit covers basic skills required to participate in a military style environment.

Prerequisite Units

Nil

Time required

30 x 30 min

Foundation Skills

Nil

Range Of Conditions

On parade ground and training area.

Unit Mapping Information

No equivalent units

Links

Access resource materials at CAMNet

Assessment

Context of assessment: in barracks or field.

Required standard:

All Elements: Level 2.

Authorisation

Trial Version Authorised by HQAAC. Released FEB 2014.



ELEMENTS**Content**

Lessons can be taught in any order at the discretion of the Senior Instructor. The order listed is suitable but not necessary. Examples of programs can be found on CAMNet.

The drill standard expected is commensurate with a graduating cadet recruit. Level 2 is not full 'job standard'. Further development is conducted in later training.

| ELEMENTS | LESSONS | TEACHING POINTS & NOTES |
|-------------------------|--|---|
| COMIL1 Drill | COMIL11 Form Ranks, Stand at Attention, Stand at ease, Stand easy, Respond to a roll call 1 x 30 min | Drill movements to be in accordance with Drill, 2010 (LWP-G 7-7-5) and updates. |
| | COMIL12 Marching in quick time, Halt, Step out, Quick march, Step short, wheeling 2 x 30 min | Drill movements to be in accordance with Drill, 2010 (LWP-G 7-7-5) and updates. |
| | COMIL13 Number, Prove, Right dress 1 x 30 min | Drill movements to be in accordance with Drill, 2010 (LWP-G 7-7-5) and updates. |
| | COMIL14 Perform turns and inclines at the halt 2 x 30 min | Drill movements to be in accordance with Drill, 2010 (LWP-G 7-7-5) and updates. |
| | COMIL15 Salute to the front at the halt 1 x 30 min | Drill movements to be in accordance with Drill, 2010 (LWP-G 7-7-5) and updates. |
| | COMIL16 Paces forward, Paces rear, Open and close order march, Dismiss, Fall out. 1 x 30 min | Drill movements to be in accordance with Drill, 2010 (LWP-G 7-7-5) and updates. |



| | | |
|--|---|--|
| | COMIL17 Individually leave the ranks, Report to an officer, Return to the ranks. 1 x 30 min | Drill movements to be in accordance with Drill, 2010 (LWP-G 7-7-5) and updates. |
|--|---|--|

PERSONAL DEVELOPMENT OUTCOMES

TRIAL VERSION SAMPLE ONLY.

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| COMIL1 | | DOING THINGS OF VALUE | | | | | | | |
|-------------------------------|---|---|--|----------------------------------|----------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| ✓✓ = significant contribution | | | | | | | | | |
| ✓ = some contribution | | | | | | | | | |
| COMIL11 | Form Ranks, Stand at Attention, Stand at ease, Stand easy, Roll call | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL12 | Marching in quick time, Halt, Step out, Quick march, Step short, wheeli | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL13 | Number, Prove, Right dress | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL14 | Perform turns and inclines at the halt | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL15 | Salute to the front at the halt | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL16 | Paces forward, Paces rear, Open and close order march, Dismiss, Fall out. | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL17 | Paces forward, Paces rear, Open and close order march, Dismiss, Fall out. | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |



| | | |
|------------------------------|--|---|
| COMIL2 Fieldcraft | COMIL21 Fitting, wearing and packing of field equipment 3 x 30 min | Familiarisation, set up and adjustment of equipment through short route march (around an oval, etc.) and care of equipment. Health conditions that impact on load carrying. Suitable load weights How to pack equipment Care and use of hydration packs |
| | COMIL22 Prepare and consume rations 2 x 30 min | Use of hexi stove and other individual stoves, safety considerations e.g. hot cup canteen steel after heating Siting of stoves, preparation of cooking area e.g. clear grass, check for range produce Disposal/carrying of refuse Identify contents of ration packs Preparation and consuming rations Use and cleaning of utensils No sharing of food Special dietary requirements |
| | COMIL23 Prepare sleeping areas 2 x 30 min | Positioning <ul style="list-style-type: none"> - slope of ground - prevailing wind and weather - ants, spiders, etc. - dead fall - no sleeping in, under or near vehicles - avoid on or beside tracks - watercourses - avoid mosquito infestations - string line across track plan - when to roll out bedding - where to put your pack and boots Single/double hutchies or equivalent Erection of hutchies, use of tent pegs, drainage trenches, knots, branches Refurbishment of area |
| | COMIL24 Daily routines 1 x 30 min | Morning routine <ul style="list-style-type: none"> - IAW CAM1 - <i>Field Activities</i> - Sick parades - 'Actions on', contingency planning Night routine <ul style="list-style-type: none"> - movement at night |



| | | |
|--|--|--|
| | | <ul style="list-style-type: none"> - buddy system - rules for fires - picquets - gender rules <p>Explain track plans Explain platoon harbour Explain use of light at night e.g. white light is acceptable, also glow sticks</p> |
| | COMIL25 Hygiene in the field 1 x 30 min | Personal hygiene in the field (socks, underwear, teeth), etc. Foot care including foot powder Washing of hands before meals. Safety around a fire Effect of smoke on medical conditions Administering medication Clothing changes to suit the conditions. Impact of weather conditions |
| | COMIL26 Briefing for field activity 1 x 30 min | Issue relevant documentation. <ul style="list-style-type: none"> - Clarify key points. - Due dates. - What personal equipment can we bring? Activity safety brief <ul style="list-style-type: none"> - If applicable, range produce, unexploded ordinance Photography rules. |
| | COMIL27 Why things are seen 1 x 30 min | Shape Shadow Silhouette Surface Spacing Movement |
| | COMIL28 Observation by day 1 x 30 min | Scanning Searching Detection <ul style="list-style-type: none"> - single moving objects - multiple moving objects |



| | | |
|--|---|---|
| | COMIL29 Individual movement by day 2 x 30 min | Walk Monkey run Leopard crawl Roll Rushing |
| | COMIL2A Personal camouflage 1 x 30 min | <p>Aid to concealment</p> <p>Guidelines</p> <ul style="list-style-type: none"> - look around or through, not over - skyline - use of shadow - blend into background - avoid isolated cover - covered routes - movement, if essential, slow and careful <p>Personal Camouflage</p> <ul style="list-style-type: none"> - skin - boots - hat - equipment <p>Included as a 'fun' activity in addition to its instructional purpose</p> |



PERSONAL DEVELOPMENT OUTCOMES**TRIAL VERSION SAMPLE ONLY.**

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| COMIL2 | | DOING THINGS OF VALUE | | | | | | | |
|---------|---|---|--|----------------------------------|----------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| COMIL21 | Fitting, wearing and packing of field equipment | ✓ | | ✓ | ✓ | ✓ | | | |
| COMIL22 | Prepare and consume rations | ✓ | | ✓ | ✓ | ✓ | | | |
| COMIL23 | Prepare sleeping areas | ✓ | | ✓ | ✓ | ✓ | | | |
| COMIL24 | Daily routines | ✓ | ✓ | ✓ | ✓ | | | | |
| COMIL25 | Hygiene in the field | ✓ | ✓ | ✓ | ✓ | ✓ | | | |
| COMIL26 | Briefing for the field activity | ✓ | | ✓ | ✓ | | | | |
| COMIL27 | Why things are seen | ✓ | | | | ✓ | | | |
| COMIL28 | Observation by day | ✓ | | | | ✓ | | | |
| COMIL29 | Individual movement by day | ✓ | | ✓ | ✓ | ✓ | | | |
| COMIL2A | Personal camouflage | ✓ | | | | ✓ | | ✓ | |



| | | |
|-----------------------------------|--|--|
| COMIL3 First Aid | COMIL31 First Aid briefing for field activity 1 x 30 min | Advice on how to report illness or injuries. Personal first aid kit. Buddy system Supervisors have First Aid training and will provide appropriate first aid. This is an introductory briefing on first aid. |
|-----------------------------------|--|--|

PERSONAL DEVELOPMENT OUTCOMES

TRIAL VERSION SAMPLE ONLY.

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| COMIL3 | | DOING THINGS OF VALUE | | | | | | | |
|---------------|--|--|--|----------------------------------|-----------------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| | ✓✓ = significant contribution ✓ = some contribution | | | | | | | | |
| COMIL31 | First Aid briefing for field activity | ✓ | | ✓ | | ✓ | | | |

COMIL4 Navigation and **COMIL5** Signals are not included in this package.



| | | |
|--|--|---|
| COMIL6 Operate in a home training environment | COMIL61 Conduct in Unit location 2 x 30 min | Paying compliments Moving in groups Other users at location Access and egress Parade and other timings Notification of absences Variation to routine e.g. arriving late Parents'/guardians' responsibilities Parking ID cards Canteen hours Security of equipment Prohibited equipment Possession of mobile phone during parade hours. Tidiness |
| | COMIL62 Hygiene in Unit location 1 x 30 min | Personal hygiene - need to shower - uniforms/underclothes/etc. to be changed and laundered regularly - cleanliness of hands at meal time and ablutions - gender specific hygiene e.g. female sanitation Unit cleanliness - parade night duties sweeping, refuse management |
| | COMIL63 Wearing of the Disruptive Pattern Camouflage Uniform (DPCU) 2 x 30 min | Wearing of DPCU in accordance with AAC POLMAN and Army Dress Manual Maintenance of DPCU Requirements for inspection DPCU Dress orders Hair requirements, piercings, jewellery |



PERSONAL DEVELOPMENT OUTCOMES**TRIAL VERSION SAMPLE ONLY.**

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| COMIL6 | | DOING THINGS OF VALUE | | | | | | | |
|---------|--------------------------|---|--|----------------------------------|----------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| | | ✓✓ = significant contribution | | | | | | | |
| | | ✓ = some contribution | | | | | | | |
| COMIL61 | Conduct in Unit location | ✓ | ✓✓ | ✓ | | ✓ | | ✓ | |
| COMIL62 | Hygiene in Unit location | ✓ | ✓✓ | ✓ | | ✓ | | ✓ | |
| COMIL63 | Wearing of the uniform | ✓ | ✓✓ | | ✓ | ✓ | | ✓ | |



CDT-C0-LAM Leadership and Management
UNIT

Unit Code And Title

CDT-C0-LAM Leadership and Management

Application

This unit focuses on the recruit learning to be a member of the team.

Prerequisite Units

Nil

Time required

5 x 30 min

Foundation Skills

Nil

Range Of Conditions

In barracks or field.

Unit Mapping Information

No equivalent units

Links

Access resource materials at CAMNet

Assessment

Required standard: Level 1.

Authorisation

Trial Version Authorised by HQAAC. Released FEB 2014.



ELEMENTS**Content**

Lessons can be taught in any order at the discretion of the Senior Instructor. The order listed is suitable but not necessary. Examples of programs can be found on CAMNet.

| ELEMENTS | LESSONS | TEACHING POINTS & NOTES |
|-------------------------|--|--|
| COLAM1 Teams | COLAM11 Duties of a team member 1 x 30 min | Structure of the Section and responsibilities of Section members (SECT COMD, 2IC, individual) Buddy system Consideration Reminder of Code of Conduct Courage, Initiative, Respect, Teamwork |
| | COLAM12 Participate in Ice Breaker activities 2 x 30 min | Introducing the individual Getting to know others Fun |
| | COLAM13 Participate in team building exercises 2 x 30 min | Remind cadets the ADF/AAC work in teams such as Section, Platoon to be effective |



PERSONAL DEVELOPMENT OUTCOMES**TRIAL VERSION SAMPLE ONLY.**

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| COLAM1 | | DOING THINGS OF VALUE | | | | | | | |
|---------|--|---|--|----------------------------------|----------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| | ✓✓ = significant contribution ✓ = some contribution | | | | | | | | |
| COLAM11 | Duties of a team member | ✓✓ | ✓✓ | ✓ | | | ✓ | ✓✓ | ✓ |
| COLAM12 | Participate in Ice Breaker activities | ✓ | ✓ | ✓ | | ✓ | | ✓ | |
| COLAM13 | Participate in team building exercises | ✓ | ✓ | ✓ | ✓✓ | ✓ | | | ✓ |



CDT-C0-ADM Administration
UNIT

Unit Code And Title

CDT-C0-ADM Administration

Application

This unit covers the initial issue and basic use of equipment.

Prerequisite Units

Nil

Time required

4 x 30 min

Foundation Skills

Nil

Range Of Conditions

In barracks or field.

Unit Mapping Information

No equivalent units

Links

Access resource materials at CAMNet

Assessment

Required standard: Level 1.

Authorisation

Trial Version Authorised by HQAAC. Released FEB 2014.



ELEMENTS**Content**

Lessons can be taught in any order at the discretion of the Senior Instructor. The order listed is suitable but not necessary. Examples of programs can be found on CAMNet.

| ELEMENTS | LESSONS | TEACHING POINTS & NOTES |
|--|--|---|
| COADM1 Uniform, equipment and documentation | COADM11 Uniform, equipment issue 2 x 30 min | Issues Cadet Q Record Loss procedure, SD16 (L & D) Signature = responsibility |
| | COADM12 Documentation, administration information 2 x 30 min | Explain food management. Warning Order Health Management Plan (HMP) Joining Instruction Updating Parent / Guardian details What parents need to do Leave applications Registration of cadets on CAMNet Access to CAMNet by cadets |

PERSONAL DEVELOPMENT OUTCOMES**TRIAL VERSION SAMPLE ONLY.**

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| | | DOING THINGS OF VALUE | | | | | | | |
|-------------------------------|-----------------------------------|---|--|----------------------------------|----------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | | Being active citizens | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| ✓✓ = significant contribution | | | | | | | | | |
| ✓ = some contribution | | | | | | | | | |
| COADM11 | Uniform, equipment issue | ✓ | | | ✓ | ✓ | | | |
| COADM12 | Documentation, admin. information | ✓ | ✓ | | | ✓ | | | |



SUMMARY

CDT-CO-14 Recruit Induction is necessarily basic, and is intended to prepare the cadet recruit for participation in simple AAC activities.

PERSONAL DEVELOPMENT OUTCOMES**TRIAL VERSION SAMPLE ONLY.**

NOTE for trial version - this content is not yet accurate or approved. It is being included in this trial package **ONLY** as a demonstration of how personal development outcomes may be articulated in Cadet Activity Packages. The actual personal development outcomes that would come from each lesson / activity are yet to be determined and approved.

The following table summarises the personal development outcomes that participants are likely to achieve from the indicated lesson / activity.

| | | DOING THINGS OF VALUE | | | | | | | |
|-------------------------------|---|---|--|----------------------------------|----------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | Being active citizens | | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| ✓✓ = significant contribution | | | | | | | | | |
| ✓ = some contribution | | | | | | | | | |
| COE&S11 | Code of Conduct | ✓✓ | ✓✓ | ✓ | | | ✓ | ✓✓ | ✓ |
| COE&S12 | Acceptable behaviour | ✓✓ | ✓✓ | ✓ | | | ✓ | ✓✓ | ✓ |
| COE&S21 | Safety in training | ✓✓ | | | | ✓✓ | | ✓ | |
| COE&S22 | Heat/cold stress awareness | ✓ | | ✓ | ✓ | | | ✓ | |
| COCTY11 | History of AAC | | | | | | ✓ | ✓✓ | |
| COCTY12 | Structure of AAC | ✓ | | | | | ✓ | ✓✓ | |
| COCTY2 | Recognition Parade | ✓ | ✓ | | ✓ | ✓ | | ✓✓ | |
| | Participate in a community service activity | ✓ | ✓ | | ✓ | ✓ | ✓✓ | ✓ | |
| COCTY31 | Introduction to physical fitness | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | ✓ |
| COMIL11 | Form Ranks, Stand at Attention, Stand at ease, Stand easy, Respond to a roll call | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL12 | Marching in quick time, Halt, Step out, Quick march, Step short, Wheel | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL13 | Number, Prove, Right dress | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |



| | | DOING THINGS OF VALUE | | | | | | | |
|-------------------------------|---|---|--|----------------------------------|----------------------------|----------------------|---------------------------|------------------------------|------------------------|
| | | Learning and growing from experience and reflection | | | Engaging in the real world | | Being active citizens | | |
| | | Developing skills in life and careers | Gaining attitudes and building character | Building resilience and capacity | Embracing challenges | Hands-on experiences | Contributing to community | Building collective identity | Leading in communities |
| ✓✓ = significant contribution | | | | | | | | | |
| ✓ = some contribution | | | | | | | | | |
| COMIL14 | Perform turns and inclines at the halt | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL15 | Salute to the front at the halt | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL16 | Paces forward, Paces rear, Open and close order march, Dismiss, Fall out. | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL17 | Paces forward, Paces rear, Open and close order march, Dismiss, Fall out. | ✓ | ✓✓ | ✓ | ✓ | ✓ | | ✓ | |
| COMIL21 | Fitting, wearing and packing of field equipment | ✓ | | ✓ | ✓ | ✓ | | | |
| COMIL22 | Prepare and consume rations | ✓ | | ✓ | ✓ | ✓ | | | |
| COMIL23 | Prepare sleeping areas | ✓ | | ✓ | ✓ | ✓ | | | |
| COMIL24 | Daily routines | ✓ | ✓ | ✓ | ✓ | | | | |
| COMIL25 | Hygiene in the field | ✓ | ✓ | ✓ | ✓ | ✓ | | | |
| COMIL26 | Briefing for the field activity | ✓ | | ✓ | ✓ | | | | |
| COMIL27 | Why things are seen | ✓ | | | | ✓ | | | |
| COMIL28 | Observation by day | ✓ | | | | ✓ | | | |
| COMIL29 | Individual movement by day | ✓ | | ✓ | ✓ | ✓ | | | |
| COMIL2A | Personal camouflage | ✓ | | | | ✓ | | ✓ | |
| COMIL31 | First Aid briefing for field activity | ✓ | | ✓ | | ✓ | | | |
| COMIL61 | Conduct in Unit location | ✓ | ✓✓ | ✓ | | ✓ | | ✓ | |
| COMIL62 | Hygiene in Unit location | ✓ | ✓✓ | ✓ | | ✓ | | ✓ | |
| COMIL63 | Wearing of the uniform | ✓ | ✓✓ | | ✓ | ✓ | | ✓ | |
| COLAM11 | Duties of a team member | ✓✓ | ✓✓ | ✓ | | | ✓ | ✓✓ | ✓ |
| COLAM12 | Participate in Ice Breaker activities | ✓ | ✓ | ✓ | | ✓ | | ✓ | |
| COLAM13 | Participate in team building exercises | ✓ | ✓ | ✓ | ✓✓ | ✓ | | | ✓ |
| COADM11 | Uniform, equipment issue | ✓ | | | ✓ | ✓ | | | |
| COADM12 | Documentation, administration information | ✓ | ✓ | | | ✓ | | | |





William Bloggs

of

999 Army Cadet Unit Brindabella
Australian Army Cadets

Completed the Cadet Recruit Induction Course

consisting of the following units

| | |
|------------|--------------------------------|
| CDT-CO-TRG | ETHICS AND SAFETY TRAINING |
| CDT-CO-CTY | COMMUNITY ENGAGEMENT |
| CDT-CO-MIL | MILITARY EXPERIENCE ACTIVITIES |
| CDT-CO-LAM | LEADERSHIP AND MANAGEMENT |
| CDT-CO-ADM | ADMINISTRATION |

Edward Snerdbergler

Edward Snerdbergler
Captain (AAC)
Officer Commanding
999 ACU Brindabella

25th December 2014